

Talent Report JOHN SPORTEE

age: 9 years | gender: Male | place: Home testing | date: 17-01-2021

Discipline	Performance	Skill	Evaluation levels compared to your child's peers
1. Height	132 cm	height	small wedium tall
2. Capture the flag	2 pts	game overview	low 🗸 medium high
3. 30 m sprint	5.7 s	speed	81 %
4. Long jump	150 cm	explosiveness	71 %
5. Basketball throw	430 cm	power	76 %
6. 500 meters run	2 min 40 s	aerobic capacity	39 %
7. Coordination test	30 s	coordination	41 %
8. One-leg standing	14 s	balance	75 %
9. Sit and Reach	3 cm	flexibility	65 %

John's results --- average results of peers of the same age and sex Long jump / Triple jump One-leg standing Coordination reest

power power endurance coordination Tactical skills low w medium high

Description of strengths

Strength: SPEED

Speed is a very important attribute in many sports. It is the ability to perform motion (up to 20 seconds) with no or low resistance as fast as possible. One of the toughest attributes to improve, the rewards if you are able are worthwhile for any athlete.

Tactical skills

Good tactical skills are necessary for sports where lots of players are on the field. You need to have good vision, good read of a situation and be able to make quick decisions. Tactical skills are also important in 1 on 1 sports, like tennis, where it is necessary to analyze the position of the other player and prepare how and where to play the ball.

Thanks to our partners for their support



